RADIUM HOT SPRINGS

1 Lower Bugaboo Falls

DIST: 3KM ROUND-TRIP | ELEV: 150M | TIME: 1 HR | DIFF: EASY

An easy uphill grade leads to a lookout over Bugaboo Creek Falls. Stay right at the fork and use caution—rocks can be slippery. **Directions:** From Radium, drive 25km north on Hwy 95 to Brisco. Turn left at Bugaboo Park sign onto Brisco Rd (gravel). After 5km, keep right at fork to trailhead at 8.5km, parking on left.

6 Sinclair Creek Trail

DIST: 3.5KM LOOP | ELEV: 89M | TIME: 1HR | DIFF: EASY

Short interpretive walk along Sinclair Creek. Bike trail with dog area and pump track. **Directions:** Access via Rotary Park or Foresters Landing Rd. Right at 4-way before mill, follow gravel road to trailhead/picnic area.

9 Cross River Canyon Rec Trails/Nipika Mtn Resort

DIST: 100KM OF EXTENSIVE NETWORKS | DIFF: EASY

Trails with mountain, river, and valley views. **Directions:** From Radium, east on Hwy 93 into Kootenay NP. After ~20km, right onto Settler's Rd. At 12km, left onto Palliser FSR, cross river, left into day-use lot.

10 Valley View Lookout

DIST: 2.4KM ROUND-TRIP | ELEV: 64M | TIME: 40MINS | DIFF: EASY

Stairs to a scenic lookout over Purcells and Radium. Extend via Redstreak Campground trails. **Directions:** Access behind Radium Visitor Centre.

12 Old Coach Trail

DIST: 9KM ONE WAY | ELEV: HILL SECTIONS | TIME: 2HRS | DIFF: EASY

Historic walking/biking trail above Columbia River Wetlands. **Directions:** From Radium, 5.5km south, right at blue signs to parking. Also accessible from south end of Main St West.

4 Diana Lake

DIST: 12.4KM ROUND-TRIP | ELEV: 600M | TIME: 5HRS | DIFF: MODERATE

Trail to a tranquil sub-alpine lake with treats available at Diana Lake Lodge & Teahouse. **Directions:** High-clearance vehicle recommended. From Radium, head north on Hwy 95 for 16.5km, then turn right onto Kindersley-Pinnacle Creek FSR before Spur Valley. At 7km, turn left onto Pinnacle Creek Rd. Stay left at 8.5km and 14.5km; right at 11km, 15km, 23.5km, and 24km. Trailhead at 25km.

7 Sinclair Canyon/Juniper Trail

DIST: 5.8KM ROUND-TRIP | ELEV: 350M | TIME: 2HRS | DIFF: MODERATE

Descend to Sinclair Falls viewpoint, climb through the canyon to Radium Hot Springs Pools. Extend via Redstreak trail. NP Pass required. **Directions:** Park inside Kootenay NP entrance or at Pools north lot.

2 Bugaboo Provincial Park – Conrad Kain Hut Trail

DIST: 4 .5KM ONE WAY | ELEV: 720M | TIME: 5HRS | DIFF: HARD

Short, steep climb to one of North America's famous climbing areas. **Directions:** High-clearance recommended. From Radium, 25km north on Hwy 95 to Brisco. Left at Bugaboo Park sign onto Brisco Rd. After 5km, keep left at fork. At 7.5km, right onto Bugaboo FSR. Follow signs to parking lot.

3 Chalice Creek

DIST: 20KM ROUND-TRIP | ELEV: 1246M | TIME: 8HRS | DIFF: HARD

Remote trail with Bugaboo spire views. Pass waterfalls, forest, and switchbacks to a ridge with tarn and optional Septet Pass extension. **Directions:** High-clearance vehicle recommended. From Hwy 95 at Brisco, turn left before town and follow signs for CMH Bugaboo Lodge. Continue onto Westside Rd, then Bugaboo FSR for ~35km. After Bugaboo Falls Rec Site and the park sign, take the first left over Bugaboo Creek, then right at the Chalice Creek Hike sign. Drive 2.8km to the trailhead.

5 Welsh Lake

DIST: 7.1KM ROUND-TRIP | ELEV: 490M | TIME: 3HRS | DIFF: HARD

Steep hike to a group of alpine lakes. Campground at first lake; extend to upper Welsh Lake for a 10km round-trip. **Directions:** High-clearance vehicle recommended. From Radium, take Foresters Landing Rd, then turn left onto Horsethief Creek FSR. Follow 9km, staying left at 3km, to the 4-way with Westside Rd—go straight. At 13km stay right, following the green trail sign. Pass the reservoir, keeping left on Forester Creek FSR. At 36km, turn left at the trail sign. Drive or hike the final 1.6km road.

8 Lake of the Hanging Glacier

DIST: 15KM ROUND-TRIP | ELEV: 951M | TIME: 6 HRS | DIFF: HARD

A classic hike to a turquoise alpine lake with a glacier. **Directions:** High-clearance vehicle recommended. From Radium, take Foresters Landing Rd, then turn left onto Horsethief Creek FSR before the mill. Follow for 9km, staying left at 3km, to the 4-way with Westside Rd—go straight. At 13km stay left, at 27km stay right, and again at 42km. Continue to 48km, watching for washouts. Trail starts at the right side of the parking lot. Hike accessible late June–October, depending on bridge installation.

INVERMERE

11 Wilmer Wetlands

DIST: 3.4KM LOOP | ELEV: 100M | TIME: 1.5 - 2 HRS | DIFF: EASY

Walk peaceful terraced bluffs above Columbia River Wetlands. Ideal for birding and wildlife viewing. **Directions:** From Invermere, follow the main road through town, right on Panorama Drive past Ray Brydon Dog Park. Cross Toby Creek, follow Wilmer signs. In Wilmer, right on Main Ave (turns into Westside Rd). Wildlife Refuge parking on right.

17 Brewer Creek

DIST: 10.3KM ROUND-TRIP | ELEV: 511M | TIME: 4HRS | DIFF: MODERATE

Hike through meadows to a lake framed by mountains. Optional ridge climb past lake offers great views. **Directions:** High-clearance vehicle recommended. From Invermere's Main St, turn right past CIBC onto 13th St, then left on 13th Ave/Westside Rd. Follow 18km and turn right on Hawke Rd. After 8km cross a cattle guard and go right. Stay right just before 11km on Brewer Creek FSR, then left at 11.7km (Y junction). Stay right before 15km. Cross Brewer Creek bridge at 24.8km and continue 2.2km to the trailhead.

18 Markin-MacPhail Westside Legacy Trail

DIST: 25KM ONE-WAY | ELEV: VARIOUS | TIME: 6HRS | DIFF: MODERATE

Complete the full trail or enjoy shorter sections. Parking available at Invermere, Fairmont, and along the trail. **Directions:** From Invermere, through Main Street (7th Ave), right on 13th St (at CIBC), left on 13th Ave. Road turns into Westside Rd; trailhead just after Castle Rock Development on right.

13 Jumbo Pass

DIST: 9.5KM ROUND-TRIP | ELEV: 805M | TIME: 5HRS | DIFF: HARD

Premier hike to a pass and backcountry hut with panoramic Purcell and glacier views. **Directions:** High-clearance vehicle recommended. From Invermere, take Toby Creek Rd to Panorama, then continue 18.8km on Toby Creek FSR. Turn right toward Jumbo Creek, then stay left at the Y after 1.5 m. About 25 km from Panorama, stay left to cross a bridge, then right at the fork after. Cross another bridge at 32.2km; the trailhead is on the left just before the bridge at 34.2km.

15 Mount Swansea Trail

DIST: 12.1KM LOOP | ELEV: 858M | TIME: 5HRS | DIFF: HARD

Accessible hike with panoramic Columbia Valley views. Shorter option to scenic lookout available. Also popular for biking and paragliding. **Directions:** From Invermere, south on Hwy 93/95, left after Valley Alley Gas Station onto Windermere Loop Rd. Travel 3.5km, left at Mount Swansea sign.

16 Pinto Mountain

DIST: 8.45KM ROUND-TRIP | ELEV: 930M | TIME: 5HRS | DIFF: HARD

Hike with views of Stanford Range, Mount Nelson, and Mount Assiniboine. Features wildflowers, meadow, steep ridge, and Cairn-marked summit. **Directions:** From the Tim Horton's intersection at Highway 93/95 lights, drive south on Hwy 95 for 2.9km and turn left onto Windermere Loop Rd. After 3.2km, turn left onto the mine road toward Mount Swansea. From the CertainTeed Mine shed, go 3.2km and take the first left onto a gravel road. Continue 6.7km uphill until it levels out, then watch for the first right. After 800m, take the well-worn left for 500m to the parking lot.

19 Pedley Pass

DIST: 10.2KM ROUND-TRIP | ELEV: 659M | TIME: 4HRS | DIFF: HARD

Family-friendly hike through Bumpy Meadows to pass with Rocky mountain views. Clockwise loop recommended for best ridge views. **Directions:** From Invermere, continue south on Hwy 93/95 through the traffic light. About 2.5km past the light, turn left just after the gas station onto Windermere Loop Rd. After 3.5km, turn left at the Mount Swansea sign, then immediately right onto Westrock Mine Haul Rd (watch for mining trucks). At 8.5km the road turns to gravel—stay right at the fork. At 14km stay left past the mine. From here the road narrows; follow the main road, avoiding side branches.

PANORAMA MTN RESORT

14 Fort Hide N' Seek

DIST: 1.5KM | ELEV: 50M | TIME: 20KMINS | DIFF: EASY

Short trail with views of valley, village, golf course, and a play castle from top of Mile 1 Express.

14 Lynx Loop Trail

DIST: 1.3KM LOOP | ELEV: 50M | TIME: 30MINS | DIFF: EASY

Short, somewhat strenuous loop starting and ending at top of Mile 1 Express.

14 Valley Trail

DIST: 4.7KM | ELEV: 145M | TIME: 1.5HRS | DIFF: EASY

The Valley Trail is a free 3.5 km family loop past Greywolf Golf Course, Panorama Resort, and Toby Creek.

14 Hale Hut

DIST: 10KM | ELEV: 239M | TIME: 1HRS | DIFF: EASY

Following the Valley Trail from the Village, navigate across the suspension bridge to Greywolf Golf Course offering views of Sultana Peak and Monument Peak.

14 Cox Creek Trail

DIST: 3.5KM | ELEV: 375M | TIME: 1.5-2HRS | DIFF: MODERATE

Trail winds east from Mile 1 Express into forest on narrow, twisting paths.

14 Panorama Mountain Summit

DIST: 4.8KMS | ELEV: 930M | TIME: 2-3HRS | DIFF: HARD

Trail to summit with expansive Purcell and Rocky Mountain range views.

14 Goldie Lake

DIST: 2.8KM | ELEV: 930M | TIME: 2-3HRS | DIFF: HARD

Extension from the summit trail, hike to tarn surrounded by tamaracks with views of Mt. Goldie, Cannery Chutes, and Hopeful Creek.

FAIRMONT HOT SPRINGS

20 Hoodoo Trail

DISTANCE: 3.5KM ROUND-TRIP | ELEV: 95M | TIME: 1.5 HRS | DIFFICULTY: MODERATE

Short hike with great views of Columbia Lake and Dutch Creek. Explore unique hoodoo formations. Stay left at fork to complete loop. **Directions:** Travel south on Hwy 93/95 past Fairmont. After crossing train tracks, first right onto Westside Road. Follow 1.5km, then left into large gravel parking for Hoodoo Trail. Start through gate at back-left of lot.

21 Spirit Trail

DIST: 20KM LOOP | ELEV: VARIOUS | TIME: 2 - 3 HRS | DIFF: MODERATE

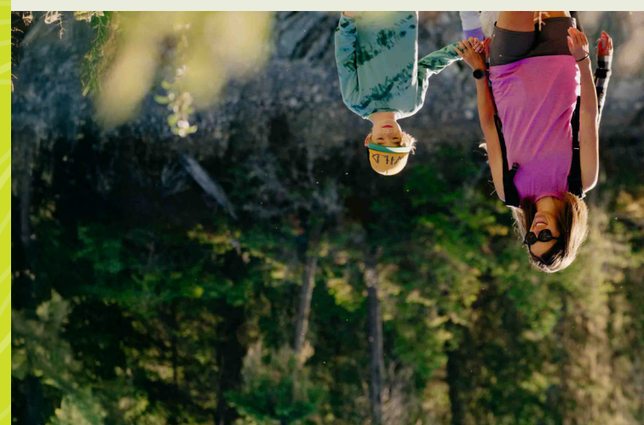
Easy single-track trail for hiking and biking, looping around Columbia Lake through forest. **Directions:** From Hwy 93/95 south past Fairmont Village mall, left on Fairmont Creek Road. At stop sign, right on Columbia River Road. Follow to trailhead sign.

CANAL FLATS

22 Source of the Columbia River

DIST: 1.5KM | ELEV: 39M | TIME: 30MINS | DIFF: EASY

Short trail along the Columbia River headwaters. **Directions:** Travel south on Hwy 93/95 about 40 minutes to Canal Flats. Left on Grainger Rd, 1km, then left on Beatty Ave to trailhead.



RADIUM HOT SPRINGS: A mountain village tucked between the Canadian Rockies, the Purcell Mountains, and the Columbia River. Entering through the dramatic Sinclair Canyon, visitors are welcomed by stunning views and easy access to trails. Explore nearby hikes and walks, then stroll the main street for local shopping, dining, and activities.

INVERMERE: In the heart of the Columbia Valley, Invermere is the perfect basecamp for year-round adventure. Stroll the vibrant downtown, filled with local shops, cafés, and restaurants, or head out to explore nearby lakes, trails, and mountain views. Whether you're relaxing in town or seeking adventure, Invermere offers something for everyone.

PANORAMA: A mountain village tucked high in the Purcell Mountains, just a short drive from Invermere, is known for its alpine charm and dramatic scenery. It offers easy access to high-elevation hiking trails, wildflower-filled meadows, and breathtaking ridge walks. Whether you're exploring the alpine in summer or planning a multi-season adventure, Panorama is a gateway to some of the Columbia Valley's most stunning terrain.

FAIRMONT HOT SPRINGS: Located in the south end of the Columbia Valley, between the Rocky and Purcell Mountains, there is so much to explore in the natural surroundings of Fairmont Hot Springs. Don't miss out on the beautiful opportunities that await in this hidden-gem community that offers amazing recreational activities.

CANAL FLATS: Nestled on the shores of Columbia Lake, Canal Flats is a paradise for nature enthusiasts. From boating, fishing, and swimming to exploring nearby provincial parks and scenic trails, outdoor adventure is always close by.

NATURE & WILDLIFE RESPECT

Plan ahead and follow marked trails.

Leave no trace. Pack it in, pack it out.

Hike on trails at your own risk
Wear appropriate footwear and clothing.

Respect safe distances for wildlife while photographing.

Learn more at:
TravelColumbiaValley.com

If you're looking to connect with local area experts, the Visitor Centres are here to help you make the most of your stay!

Access a wide range of services including trip planning, wayfinding, accommodation reservations, restaurant recommendations, and general information about the Columbia Valley, Kootenay National Park, and beyond.

Radium Hot Springs Visitor Centre
7556 Main Street East
Phone: 250-347-9331
Toll Free: 1-888-347-9331
info@radiumhotsprings.com

Invermere Visitor Centre
651 Hwy 93/95
Invermere, BC
Phone: 250-342-2844

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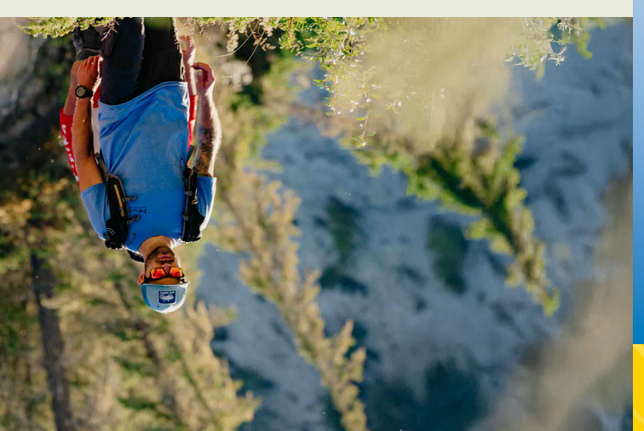
Scan the QR Code to learn more about the Columbia Valley by visiting our website **TravelColumbiaValley.com**

HIKING TRAILS & SIGHTSEEING

COLUMBIA VALLEY

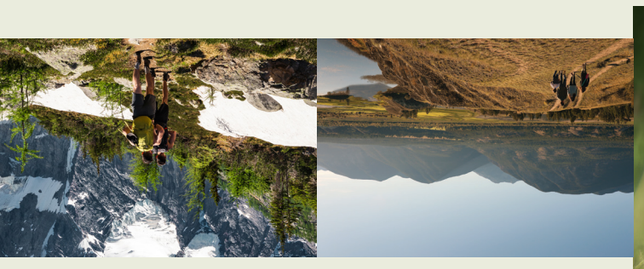
TRAIL GUIDE

TRAVEL COLUMBIA VALLEY
TravelColumbiaValley.com



FIND MORE OF YOURSELF AND WHAT YOU LOVE IN THE COLUMBIA VALLEY!

The Columbia Valley, between the Purcell and Rocky Mountains in southeastern BC, is a mountain paradise for hikers of all levels. From breathtaking trails to a welcoming mountain culture, it spans Radium Hot Springs, Invermere, Panorama, Fairmont Hot Springs, and Canal Flats—inviting you to explore deeper and discover more.



Know Before You Go
Before hitting the trails, be prepared! Check the weather, bring plenty of water, snacks, and layers for changing conditions. Sturdy footwear is a must, and hiking poles can help on steep or uneven terrain. Always let someone know your plans and be bear aware—carry bear spray and know how to use it. Cell service is limited in many areas, so download maps in advance. Leave no trace—pack out everything you pack in and respect wildlife and trail etiquette.

Forest Service Road (FSR) Travel Reminders
Many trails in the Columbia Valley backcountry are accessed via Forest Service Roads (FSRs). These roads can be rough, remote, and vary in condition. Keep the following in mind before heading out:

- A high-clearance, 4x4 vehicle is strongly recommended.
- Road conditions can change quickly—check in with your local Visitor Centre for the latest updates.
- Many FSRs are located in active logging or mining areas. Drive cautiously, give logging trucks the right of way, and pull over when safe to do so.
- If you're using a rental vehicle, double-check your rental policy – insurance coverage may not apply on FSRs.

Trail Safety & Etiquette

- Pack it in, pack it out—take all garbage with you, including food waste like apple cores.
- Keep pets under control and clean up after them.
- Stay on marked trails to avoid damaging sensitive ecosystems.
- Respect wildlife—never approach, feed, or attempt to interact with animals.
- Be bear aware: travel in groups, make noise, and carry bear spray (and know how to use it).
- Fires are only permitted in designated areas—never start a fire outside of approved sites, and keep an eye on any current campfire bans.
- Weather can change quickly in the mountains—always bring appropriate gear and clothing.

The Summit Trail Makers Society is a non-profit organization dedicated to maintaining 11 scenic trails across the Columbia Valley, with volunteer-driven efforts that keep the region's trails safe, beautiful, and accessible. You can support their work by becoming a member, making a donation, or purchasing merchandise.

Report Wildfires Call *5555 or 1 800 663-5555

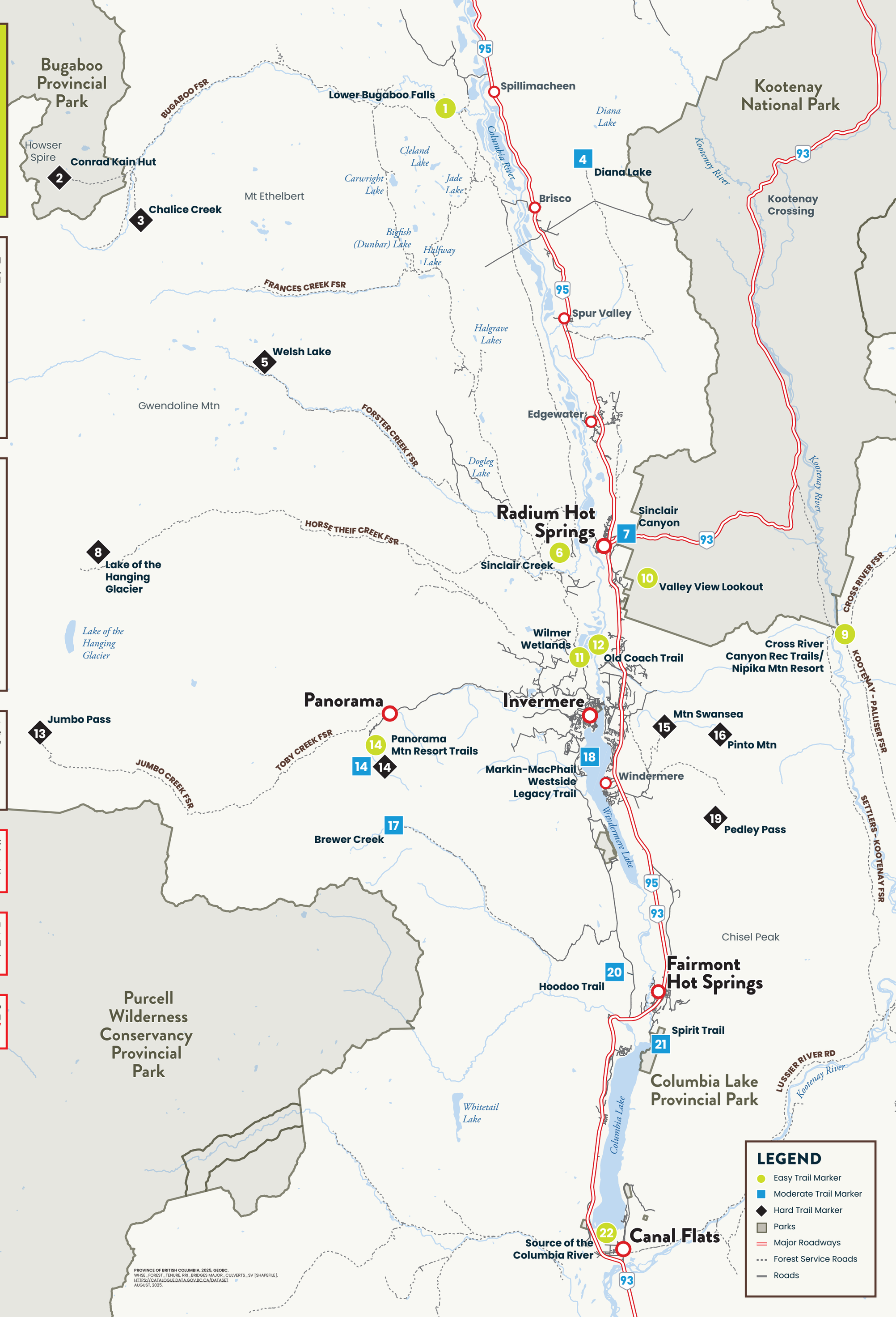
Prevent, Observe & Report all Wildfires: Report a wildfire **1-800-663-5555** or ***5555**. Be sure to follow fire safety regulations at all time of the year and check the BC Wildfire app before lighting any open fire.

EMERGENCY CALLS & REPORTING 9-1-1

This area is proudly serviced by Columbia Valley Search & Rescue—a team of dedicated, trained volunteers who provide vital emergency response throughout the region. In case of an emergency, please call 911.

R.A.P.P. Report All Poachers and Polluters Conservation Officer 24 Hour Hotline 1-877-952-RAPP (7277) Cellular Dial - #7277 on Telus network www.rapp.bc.ca

Enjoy the outdoors responsibly and help protect it for the future. To report poaching or suspicious activity, call **1-877-952-7277** or visit **rapp.bc.ca**



PROVINCE OF BRITISH COLUMBIA, 2025, GEOBC.
WHSE_FOREST_TENURE. RRI_BRIDGES MAJOR_CULVERTS_SV [SHAPEFILE].
HTTPS://CATALOGUE.DATA.GOV.BC.CA/DATASET
AUGUST, 2025.

TRAVEL COLUMBIA VALLEY

Scan the QR Code to learn more about the Columbia Valley by visiting our website **TravelColumbiaValley.com**